

 **Teshuvah:** Taking responsibility for your actions (September-October)

תשובה

3rd Grade	4th Grade	5th Grade	6th Grade	7th Grade
<p><b>Family</b></p> <ul style="list-style-type: none"> <li>- Connections between <i>Teshuva</i>, apologizing, forgiveness, and making mistakes</li> <li>- Ten Days of Awe</li> <li>- <i>Vidui</i></li> <li>- Text: Jonah</li> <li>- Text: Adam and Eve</li> <li>- Text: Proverbs 16:32</li> <li>- High Holidays in Israel</li> </ul>	<p><b>Self</b></p> <ul style="list-style-type: none"> <li>- The concept of <i>Chet</i></li> <li>- The four steps of <i>Teshuvah</i></li> <li>- <i>Tashlich</i></li> <li>- The concept of <i>Mitzvot</i></li> <li>- <i>Sukkot</i>: four species</li> <li>- <i>Hiddur Mitzvah</i></li> <li>- <i>Shofar</i> Symbolism</li> <li>- <i>Shema &amp; V'ahavta</i></li> <li>- <i>Yetzer Tov &amp; Yetzer Ra</i></li> </ul>	<p><b>Peers</b></p> <ul style="list-style-type: none"> <li>- <i>Teshuvah</i></li> <li>- <i>Rosh Hashanah, Yom Kippur</i> Rituals</li> <li>- <i>Hachnasat orchim</i></li> <li>- Avraham &amp; Sarah</li> <li>- <i>Tashlich &amp; Vidui</i></li> <li>- Text: <i>Pirkei Avot</i></li> <li>- <i>Yehi Ratzon</i> Formula</li> <li>- <i>Sukkot</i>: Four Species and inclusiveness</li> </ul>	<p><b>Community</b></p> <ul style="list-style-type: none"> <li>- Text: <i>Im ein ani li mi li</i></li> <li>- <i>Tashlich</i></li> <li>- <i>Heshbon hanefesh</i></li> <li>- <i>Al Chet</i></li> <li>- <i>Hineni</i> - I'm here!</li> <li>- Text: Wake up to <i>teshuvah</i></li> <li>- Text: <i>Na'aseh v'nishma</i></li> <li>- <i>Bereshit</i>, Creation story</li> <li>- Burning Bush</li> <li>- <i>Akeidah</i></li> </ul>	<p><b>World</b></p> <ul style="list-style-type: none"> <li>- Jewish repentance</li> <li>- <i>Shofar</i></li> <li>- The value of <i>tzedek</i> and its relation to <i>teshuvah</i></li> <li>- Text: <i>Tzedek, tzedek, tirdof</i></li> <li>- <i>Mitzvah</i> portfolio: <i>teshuvah</i> project</li> <li>- Text: Rabbi Abraham Joshua Heschel</li> </ul>

 **B'Tzelem Elohim:** Honoring the image of God in ourselves (October-November)

בצלם אלהים

3rd Grade	4th Grade	5th Grade	6th Grade	7th Grade
<p><b>Family</b></p> <ul style="list-style-type: none"> <li>- Text: Creation - <i>Gan Eden</i></li> <li>- Blessing: <i>She'asani B'tazlmo</i></li> <li>- Focus on celebrating differences amongst each other</li> <li>- God as a role model in treating others with kindness</li> <li>- <i>Tzedek</i></li> </ul>	<p><b>Self</b></p> <ul style="list-style-type: none"> <li>- Text: Creation - <i>Gan Eden</i></li> <li>- Blessing: <i>Asher Yatzar</i></li> <li>- Service learning project</li> <li>- Modern society and image</li> <li>- Israeli Hiker who helped a stranger</li> <li>- Taking care of our bodies</li> </ul>	<p><b>Peers</b></p> <ul style="list-style-type: none"> <li>- Diversity of Jewish people</li> <li>- Understanding differences</li> <li>- Save a Child's Heart in Israel</li> <li>- Story of <i>Kamtza &amp; Bar Kamtza</i></li> <li>- Genesis 1 &amp; 2</li> <li>- <i>Rabbi Joshua and the Emperor's Daughter</i></li> <li>- Service Activity</li> <li>- <i>Moshe &amp; Aaron</i></li> </ul>	<p><b>Community</b></p> <ul style="list-style-type: none"> <li>- Text: <i>Bereshit</i> and <i>Pirkei Avot</i></li> <li>- Disability awareness and inclusion</li> <li>- <i>Birkhot Hashachar</i>: Partners with God</li> <li>- <i>G'milut hasadim</i></li> <li>- Prioritizing <i>mitzvot</i></li> <li>- <i>Zerizut</i></li> <li>- <i>Derech Eretz</i></li> </ul>	<p><b>World</b></p> <ul style="list-style-type: none"> <li>- <i>Kedusha</i>: How to act as God's "partners on earth."</li> <li>- <i>Torah</i> and <i>Talmud</i> text on <i>B'tzelem Elohim</i></li> <li>- Circles of responsibility: "<i>Kol Yisrael Aravim ze la zeh</i>"</li> <li>- Text: Rabbi Abraham Joshua Heschel</li> <li>- <i>Mitzvah</i> Portfolio project</li> </ul>



**Gevurah:** Using one's inner and outer strength (November-December)

גבורה

3rd Grade	4th Grade	5th Grade	6th Grade	7th Grade
<p><b>Family</b></p> <ul style="list-style-type: none"> <li>- Strength as spiritual courage, willingness to take risks, standing up for others</li> <li>- <i>Chanukah</i> and how it is celebrated in Israel</li> <li>- The strength of the Jewish People</li> <li>- Anne Frank's strength</li> </ul>	<p><b>Self</b></p> <ul style="list-style-type: none"> <li>- Joshua as a Leader</li> <li>- <i>Pirkei Avot: Eizehu Gibor?</i></li> <li>- Israeli Olympians</li> <li>- <i>Talmud: Rabbi Akiva</i></li> <li>- <i>Mitzvot</i>, strength from family and our community</li> <li>- Helping others through acts of <i>gevurah</i></li> </ul>	<p><b>Peers</b></p> <ul style="list-style-type: none"> <li>- Story of <i>Chanukah</i>: Syrio Greeks &amp; Hellenism</li> <li>- Hillel, Shammai, and candle blessings</li> <li>- Bullying</li> <li>- Text: Do not stand idly by</li> <li>- Joseph &amp; Reuven</li> <li>- Theodore Herzl</li> <li>- Selflessness and courage</li> </ul>	<p><b>Community</b></p> <ul style="list-style-type: none"> <li>- Text: David and Goliath</li> <li>- <i>V'al Hanissim</i></li> <li>- Text: <i>Pirkei Avot</i> - Who is strong?</li> <li>- Military Story of <i>Chanukah</i></li> <li>- The symbolism of the <i>chanukiah</i></li> <li>- Modern day <i>aliyah</i></li> <li>- <i>Gevurah</i> website building project and panel discussion</li> </ul>	<p><b>World</b></p> <ul style="list-style-type: none"> <li>- <i>Gibbor</i> as a hero</li> <li>- Text: Deborah, a biblical hero</li> <li>- Heroes of Israel: Shlomo Mula</li> <li>- Israeli soldiers close-up</li> <li>- Jewish Partisans and Holocaust survivors</li> <li>- <i>Gevurah</i> website building project and panel discussion</li> </ul>



**Achrayut:** Doing what you can to make the world a better place (January-February)

אחריות

3rd Grade	4th Grade	5th Grade	6th Grade	7th Grade
<p><b>Family</b></p> <ul style="list-style-type: none"> <li>- Looking out for one another</li> <li>- Text: The story of Joseph</li> <li>- Personal Ten Commandments</li> <li>- <i>Tikkun Olam</i></li> <li>- Healthy body: <i>Sh'mirat haguf</i></li> <li>- Israel's innovations making a difference</li> </ul>	<p><b>Self</b></p> <ul style="list-style-type: none"> <li>- <i>Tu Bishvat</i></li> <li>- Text: Love your neighbor as you love yourself</li> <li>- Heroes of Israel</li> <li>- <i>Tzedakah</i> and wealth distribution</li> <li>- Text: <i>Pirkei Avot</i> - You are not obligated to complete the task, nor are free to desist from it</li> <li>- Story: "Honi the Circle Maker"</li> <li>- Hillel</li> </ul>	<p><b>Peers</b></p> <ul style="list-style-type: none"> <li>- Abraham Joshua Heschel &amp; MLK Jr.</li> <li>- Story of Reb. Zusya</li> <li>- Text: Jeremiah &amp; Amos – What is a prophet?</li> <li>- Clara Lemlich: Standing up for others</li> <li>- Story of Judah &amp; Joseph</li> <li>- <i>Kibbutzim</i></li> </ul>	<p><b>Community</b></p> <ul style="list-style-type: none"> <li>- <i>Tu Bishevat</i>: Stewardship of the earth</li> <li>- Text: Caring for the natural world - <i>Shmirat hatevah</i></li> <li>- Text: Do not waste - <i>Bal tashchit</i></li> <li>- Text: Love your neighbor as yourself</li> <li>- Text: Returning a lost object</li> <li>- Gilad Shalit</li> <li>- Prayer for the State of Israel</li> </ul>	<p><b>World</b></p> <ul style="list-style-type: none"> <li>- Individual vs. community needs</li> <li>- Text: Ethical behavior towards animals</li> <li>- Creating a food policy based on ethical treatment of animals</li> <li>- <i>Kol Yisrael Aravaim ze la zeh</i></li> <li>- <i>Tu Bishvat</i></li> <li>- <i>Shmita</i>: Let the land rest</li> <li>- How to be an activist</li> <li>- <i>Mitzvah</i> portfolio: advocacy poster</li> </ul>

 **HaKarat HaTov:** Seeking joy and being grateful (February-March)

הכרת הטוב

3rd Grade	4th Grade	5th Grade	6th Grade	7th Grade
<p><b>Family</b></p> <ul style="list-style-type: none"> <li>- Always seek good in others</li> <li>- Giving compliments</li> <li>- Text: Creation story – God saw that it was good!</li> <li>- <i>Modeh Ani</i> and being thankful</li> <li>- <i>Birchot Hashachar</i></li> <li>- <i>Shehecheyanu</i></li> <li>- <i>Purim</i></li> <li>- Ruth</li> <li>- Text: Talmud - "Say little and do much"</li> </ul>	<p><b>Self</b></p> <ul style="list-style-type: none"> <li>- Food <i>brachot Derech Eretz</i></li> <li>- Text: Ten Commandments - You shall not covet</li> <li>- Honoring our parents</li> <li>- 4 <i>Mitzvot</i> of <i>Purim</i></li> <li>- Story: "David and the Spider"</li> <li>- <i>Hakarat hatov</i> and sacred objects: <i>Genizah</i></li> </ul>	<p><b>Peers</b></p> <ul style="list-style-type: none"> <li>- <i>Tu Bishvat</i>: environmental awareness</li> <li>- Judging favorably: seeing the good in others</li> <li>- <i>Hakarat hatov</i> and Happiness</li> <li>- <i>Purim</i></li> <li>- Jewish names for Jacob &amp; Leah's children</li> <li>- Stories of Nachum Ish Gamzu</li> <li>- <i>Birchot Hashachar</i></li> </ul>	<p><b>Community</b></p> <ul style="list-style-type: none"> <li>- First Fruits - <i>Bikurim</i></li> <li>- Prayer: <i>Birkat Hamazon</i></li> <li>- Obligations to others as a result of God taking us out of Egypt</li> <li>- Making your <i>bar/bat mitzvah</i> express <i>Hakarat hatov</i></li> <li>- <i>Kashrut</i></li> <li>- Four <i>Mitzvot</i> of <i>Purim</i></li> </ul>	<p><b>World</b></p> <ul style="list-style-type: none"> <li>- Rabbi Akiva - All for the best!</li> <li>- "<i>gam zu le'tovah</i>"</li> <li>- Sameach behelko and its relation to <i>Hakarat hatov</i></li> <li>- The Gratitude Letter Project</li> <li>- Text: <i>Pirkei Avot</i> - Enjoy the fruits of your labor</li> <li>- Prayer: <i>Birkat Hamazon</i></li> <li>- <i>Purim</i></li> </ul>

 **Koach HaDibbur:** Understanding the power of words (March-April)

כוח הדיבור

3rd Grade	4th Grade	5th Grade	6th Grade	7th Grade
<p><b>Family</b></p> <ul style="list-style-type: none"> <li>- Choosing your words carefully</li> <li>- Story: "A Pillow Full of Feathers"</li> <li>- <i>Lashon Hara</i> - Gossip and rumors</li> <li>- Story of Moses and his speech</li> <li>- Dr. Martin Luther King</li> <li>- Body language</li> <li>- Theodore Hertzl</li> <li>- Passover</li> <li>- Identifying negative speech</li> </ul>	<p><b>Self</b></p> <ul style="list-style-type: none"> <li>- Text: Fulfilling promises</li> <li>- Asking good questions</li> <li>- Words and electronic media</li> <li>- The story of modern Hebrew</li> <li>- The Four Questions</li> <li>- <i>Dayeinu</i></li> <li>- <i>Anava</i>: Humility</li> <li>- Text: <i>Pirkei Avot</i> - Actions speak louder than words</li> </ul>	<p><b>Peers</b></p> <ul style="list-style-type: none"> <li>- <i>Pesach</i>: Four questions</li> <li>- Elijah</li> <li>- Symbols of the <i>seder</i> plate</li> <li>- <i>Lashon hara</i>: Hurtful Speech</li> <li>- <i>Mishlei</i> &amp; <i>Pirkei Avot</i> sources</li> <li>- Changing our speech – <i>Elohai Netzor</i></li> <li>- <i>Chametz and matzah</i>: The <i>chametz</i> in our words</li> </ul>	<p><b>Community</b></p> <ul style="list-style-type: none"> <li>- Applying rules of <i>lashon hara</i></li> <li>- Written <i>torah</i> vs. oral <i>torah</i></li> <li>- Persuasive writing</li> <li>- Passover Seder: <i>V'hee She'Amda</i></li> <li>- Exodus as a master story</li> <li>- King Solomon &amp; Nachmanides</li> <li>- <i>Parshat Metzorah</i> – <i>Vayikra</i> 14:1-15:33</li> </ul>	<p><b>World</b></p> <ul style="list-style-type: none"> <li>- Passover: We retell the story</li> <li>- Freedom of speech</li> <li>- Moses and Korach: Speaking out</li> <li>- <i>Koach hadibbur</i> and social media</li> <li>- It's not just about speaking: Being a good listener</li> <li>- Text: Numbers 12 – Miriam's affliction</li> <li>- Words can create and words can destroy</li> </ul>

 **Shalom:** Helping to create a calmer, more peaceful world (April-May)

שלום

3rd Grade	4th Grade	5th Grade	6th Grade	7th Grade
<p><b>Family</b></p> <ul style="list-style-type: none"> <li>- <i>Shalom</i>: Hello, goodbye, and Peace</li> <li>- <i>Shalom Bayit</i>: Creating peace in the home</li> <li>- <i>Yom Ha'atzmaut</i></li> <li>- Resolving conflicts, mention of Israel conflict</li> <li>- <i>Oseh Shalom</i></li> <li>- Text: <i>Pirkei Avot</i> - Hillel and Rabbi Shimon ben Gamliel</li> </ul>	<p><b>Self</b></p> <ul style="list-style-type: none"> <li>- <i>Bikur cholim</i></li> <li>- Text: <i>Eizer k'neada</i> – helpmate</li> <li>- Jerusalem and <i>Shalom</i></li> <li>- <i>Shabbat</i> as a path to wholeness and peace</li> <li>- Chassidic story: "The Field of Brotherly Love"</li> <li>- Text: The Temple</li> <li>- Text: <i>Shalom Aleichem &amp; Shalom Bayit</i></li> <li>- Prayer: <i>Birkat Habayit</i></li> </ul>	<p><b>Peers</b></p> <ul style="list-style-type: none"> <li>- <i>Havdallah</i></li> <li>- <i>Yom Hazkiron &amp; Yom Ha'atzmaut</i></li> <li>- Holocaust and Israel</li> <li>- <i>Shavout</i> and <i>Sefirat Ha'omer</i></li> <li>- Theodore Hertzl: The founding of the State of Israel</li> <li>- <i>Hatikvah</i></li> <li>- <i>Shavuot</i>: Ruth and Boaz</li> <li>- Jewish peacemakers</li> <li>- Songs of Peace</li> </ul>	<p><b>Community</b></p> <ul style="list-style-type: none"> <li>- Text: <i>Rodef Shalom</i> (Pursue Peace)</li> <li>- Text: <i>Shalom Bayit</i> (Peace in the home)</li> <li>- <i>Shavuot</i> &amp; the story of Ruth</li> <li>- Israel technology</li> <li>- Aaron &amp; the golden calf</li> <li>- Review, wrap up and reflections</li> </ul>	<p><b>World</b></p> <ul style="list-style-type: none"> <li>- <i>Shalom</i> and <i>shleimut</i>.</li> <li>- Prayer for Peace: <i>Sim Shalom</i></li> <li>- Concept: Save one person, as if you have saved the world.</li> <li>- Text: Babylonian <i>Talmud Sanhedrin 37a</i></li> <li>- <i>Shavuot</i> &amp; the story of Ruth</li> <li>- Jchoice.org philanthropy project</li> <li>- Review, wrap up, and reflections</li> </ul>



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